

CHILDREN'S COTTAGE FAMILY RESOURCE NETWORK



Calgary West HUB

403-830-3153 | westhubintake@childrenscottage.ab.ca

About

The Children's Cottage Society is excited to be a part of your neighbourhood with a brand new service called the **Family Resource Network - Calgary West Hub**. This is a wonderful collaboration of agencies providing a range of FREE programs for families with children under the age of 18.

If you are looking for resources and support around parenting, child development, counselling for you and your family, and to make connections within your community - WE ARE HERE TO HELP!

At the Family Resource Network we are committed to supporting and connecting families to community resources and programs. We look forward to meeting you!

Who We Serve

Families with children age 0-18 years.

Hub Contact

403-830-3153

westhubintake@childrenscottage.ab.ca

7930 Bowness Road NW Calgary, AB T3B 0H3

Hub Hours

Most often we are available Monday to Friday from 9 a.m. to 5 p.m., however we will do our best to ensure we are flexible and there for you during other times.

Due to COVID-19 and physical distancing precautions, our services may be offered virtually or by appointment. Please call us at 403-830-3153 or email westhubintake@childrenscottage.ab.ca for more information.

Communities Served by the FRN Calgary West Hub

Southwest - Aspen Woods, Christie Park, Coach Hill, Cougar Ridge, Crestmont, Currie Barracks, Discovery Ridge, Glamorgan, Glenbrook, Killarney/Glengarry, Lake View, Lincoln Park, Parkdale, Patterson, Signal Hill, Richmond Hill, Rosscarrock, Rutland Park, Shaganappi, Spring Bank Hill, Sprucecliff, Strathcona Park, Westgate and Wildwood.

Northwest - Bowness, Greenwood/Greenbriar, Montgomery, Silver Springs, Scenic Acres, St. Andrew Heights, Tuscany, Valley Ridge, West Springs, University Heights and Varsity.



The Children's Cottage is honoured to serve families in Moh'kinsstis and the traditional Treaty 7 territory of the Blackfoot confederacy: Siksika, Kainai, Piikani as well as the Stoney Nakoda and Tsuut'ina nations, and the Métis Nation of Alberta, Region 3.

FAMILY RESOURCE NETWORK PROGRAMS

CHILDREN'S COTTAGE SOCIETY

Proudly representing the Family Resource Network Calgary West Hub, Children's Cottage Society is pleased to help you with resources, information, and guidance around parenting; child development; support for your family in problem solving; and to make connections with your community.

Home Visitation Services

A Home Visitor will meet you and your child(ren) and talk about your family's needs, then continue to meet with your family once a week in the convenience of your home.

We're Here to Help

This service is perfect for you **if you're expecting a child and/or have children under the age of 6 years**. We're eager for you to learn more about our FREE program.

Hours of Service

Most often we are available Monday to Friday from 9 a.m. to 5 p.m., however we will do our best to ensure we are flexible and there for you during other times.

Contact Us

Please call our intake line at 403-830-3153 or email us at westhubintake@childrenscottage.ab.ca. We look forward to meeting you!



MORE RESOURCES

Let us introduce you to some agencies and the programming they offer to help children and families! Contact the Calgary West HUB at 403-830-3153 today.

Hull Services

Resilient Families

Reach your family's goals to achieve success with parenting, communication, conflict-resolution and overall wellness. Available to any family with a child under the age of 18 years.

Friendship Group

Help your children who are 5 to 11 years-of-age to feel confident about developing healthy and happy peer relationships. This 26-session program creates opportunities to practice positive social interactions.

Families Matter Society

Family Life Education Program

Participate in a variety of courses that help families with strategies for relationship-building, communication, role-modelling, life-changes and more.

Catholic Family Services

Rapid Access Counselling

Receive advice, coaching, support and information to help you change your focus when dealing with matters such as parenting, relationships, mental health, grief and stress.

Big Brothers Big Sisters

Mentoring Programs

Children have an opportunity to work one-on-one with a mentor to positively build their self-confidence, social skills and relationships.

Three opportunities are available: Teen Mentoring, Youth Mentoring and PRISM (healthy relationship programming that connects mentors and young people from the LGBTQ2S+ community).